

Find dental and vision providers of your choice

We make it easy for you to find dental and vision providers in your network with our *Find a Doctor* tool. Here's how to get started:

Go to blueshieldca.com/fad and click *Dentists* or *Vision Care*. A pop-up window will ask if you are a Blue Shield member.

If you are a Blue Shield member

Click *Yes*, and log in to your online account. The tool will automatically select your plan and location. Then, enter the information as requested and search for a provider.

If you are not a Blue Shield member

Click *No*. You will be asked for your location. Once you've entered your location, the prompt will ask you if you have a plan in mind. Click *Yes*. Then, choose your plan from the drop-down menu.

Once you've selected your plan, the steps are the same whether you are a member or not.

How to select dental and vision providers in California

Once you know what plan you have, the next step is to select the type of dental and vision providers you are looking for.



Select the dental specialty you need from the drop-down menu. If you are looking for a dentist, select *General Dentistry*.



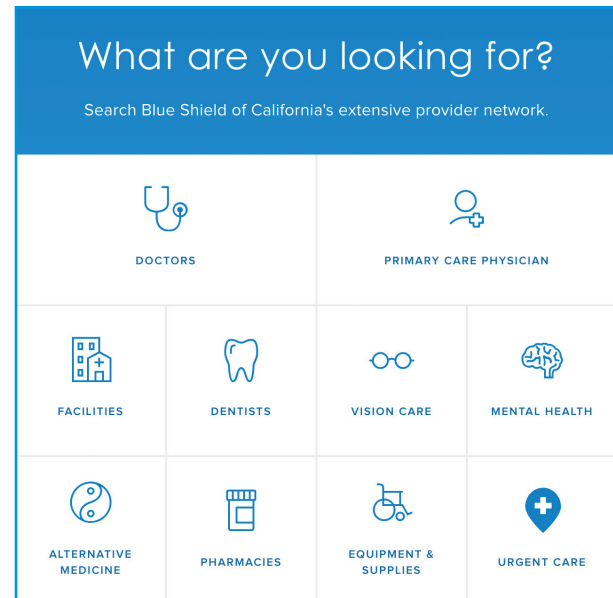
Select the type of vision provider you are looking for: *Optometrist*, *Optician*, or *Ophthalmologist*.

Searching outside California (applies to dental PPO and vision plans only)*

When searching for a dental PPO or vision provider outside California, simply enter the location in the search box. The screen will refresh and you'll be directed to a new page, "Outside of California Provider Links." For dental PPO providers outside of California, select the *Dental Locator*; for vision providers outside of California, select *MES Vision Network Directory*. In both cases, you will be taken to a different site, where you will be able to find a dental PPO provider or vision provider outside of California.

* Does not apply to dental HMO plans.

We work to ensure that our list of providers is current and accurate. However, because providers leave networks from time to time, this information is subject to change. We encourage you to check with providers before using their services.



Whether you are searching for a dental or vision provider, the remaining steps are the same:

1. Click *Search*. You'll see a list of dental or vision providers in your selected area and a map of their locations.
2. If you need to search for a dental and vision provider in another California location, click on the ZIP code. You'll be able to change it, and the search will list providers in the new location.