

Access to
board-certified
doctors by phone,
video, or mobile app



A comprehensive suite of virtual care solutions that can help with your population's medical needs.



GENERAL MEDICAL

24/7 on-demand access to U.S. board-certified doctors by phone, video, or mobile app. Members can speak to a doctor in minutes for non-emergency needs such as flu, sinus infection, sore throat, pink eye, rash, allergies, and more.



MENTAL HEALTH CARE

Secure, discreet, and confidential ongoing support for members seeking help with anxiety, stress, depression, and more. Members can schedule a video visit with a board-certified psychiatrist, psychologist, or licensed therapist seven days a week, 7 a.m. to 9 p.m., from the comfort of their own homes.



DERMATOLOGY

Members can upload images and provide details about their skin issue to receive a response in just two business days from a licensed dermatologist. Includes seven-day follow up for any questions members may have.



CAREGIVING

Enables members to extend the Teladoc General Medical service to someone they care for with two- or three-way video or phone visits with a licensed doctor.

Targeted, timely presence across clinical services drives higher utilization

Employers that offer more services to their employees drive greater adoption and utilization. A breadth of service offerings combined with Teladoc Health’s surround-sound engagement approach—proven to drive **4X utilization**—reaches employees with relevant messages when and where they need them most.

Members with multiple clinical services have more visits

AVERAGE NUMBER OF VISITS PER YEAR¹



Multiple clinical services reach a broader demographic set

ADOPTION BY DEMOGRAPHIC²

Age Care	General Medical	Dermatology	Mental Health
0-17	13%	14%	NA
18-26	10%	19%	21%
27-30	10%	14%	16%
31-45	38%	36%	53%
46-55	18%	12%	9%
56+	11%	5%	1%

¹Study using Teladoc Health data.

²2018 Teladoc Health Data for General Medical, Dermatology, and Mental Health care.

ENHANCE YOUR BENEFITS

Contact your Aetna account manager today

About Teladoc Health

Teladoc Health is the global virtual care leader, helping millions of people resolve their healthcare needs with confidence. Together with our clients and partners, we are continually modernizing the healthcare experience and making high-quality healthcare a reality for more people and organizations around the world.

